

CAPSULE ENDOSCOPY PATIENT INSTRUCTIONS

Your doctor has scheduled you for a Capsule Endoscopy. This procedure involves ingesting a capsule the size of a vitamin pill. This capsule passes through your entire digestive tract transmitting pictures of your esophagus, stomach and small intestine. The images are transmitted to a sensor attached to your abdomen and then recorded to a data recorder device which is worn around your waist.

After 12 hours, the given data recorder is taken off and returned to our office the next morning by 9:00am. The PillCam is disposable and will be excreted naturally in your bowel movement.

- If you have a pacemaker or defibrillator please let the office know right away.
- A prep kit will be called into your pharmacy. Do not follow the instructions on the box, only follow our instructions. Please make sure we have the correct pharmacy information for you.
- **DO NOT** take any Iron products for **one week** prior to your test. (This includes some vitamins).
- Pick a day that is best for you. Due to the time it takes to arrange these tests, the office has a no show / late cancellation policy. Capsule endoscopy appointments require 3 business days prior notice, or you may be charged a fee of \$150.00.

CLEAR LIQUID EXAMPLES: **(LIQUIDS THAT YOU CAN SEE LIGHT THROUGH)**

Water, Ginger-ale, clear fruit juices (apple, white cranberry, white grape), beef or chicken broth/bouillon, clear soda, Gatorade, Kool-Aid, popsicles, and Jell-O. **NO RED COLORS**

- ⇒ **Avoid** coffee, tea, and dark colored sodas
- ⇒ Nothing with **red dye** listed as an ingredient
- ⇒ **DO NOT** eat solid foods
- ⇒ **DO NOT** drink milk or milk products
- ⇒ **NO ALCOHOL**

Appointment: _____

Time: _____

Report to:

- 739 Irving Ave #400, Syracuse, NY
- 8324 Oswego Rd, Second Floor, Liverpool, NY

Any questions please call 315-234-6677

When you come to your appointment, you will be given instructions as to what you can do the remainder of the day.

6/20/2018

YOUR PREP INSTRUCTIONS

THE DAY BEFORE **YOUR APPOINTMENT:**

Eat a high protein breakfast and a light lunch.

12:00 noon

Clear liquids only - NO SOLIDS

6:00pm Start the prep (**Suprep**)

**ONLY follow our instructions, NOT the box!*



For this study it will only be necessary to take one dose of the prep (one bottle from the SUPREP kit).

- You may chill the bottle prior to mixing. Then pour one 6oz bottle of SUPREP into the supplied mixing cup. Add cold water to the fill line (at the top of the cup). Mix only with water. Drink the entire cup.
- Over the next hour use the mixing cup and drink 2 full cups of water (filled to the fill line on the cup).
- **You should continue to drink clear liquids to prevent dehydration and headache until 10:00pm.**
- You will be given instructions at the appointment after swallowing the capsule as to what you can do the remainder of the day.

DAY OF THE CAPSULE ENDOSCOPY:

- Nothing to eat or drink
- If you are a diabetic patient please call the doctor that manages your diabetes and let them know you will be prepping for a colonoscopy. They will advise you on instructions for adjusting your medications during your prep.
- Do not take any medications up to 2 hours before your exam except heart and blood pressure medications (they can be taken as needed).
- Do not apply body lotion or powder to your abdomen.
- Wear loose fitting, two piece clothing. Your upper clothing should be opaque not sheer.