

Post on your refrigerator

# Colonoscopy Reminders!

- The day before, on: \_\_\_\_\_ (date)

Clear liquids only!

Drink plenty of water



• Day of Procedure:  
**STOP ALL LIQUIDS**

**4 hours prior to arrival**

## *Things to bring with you to your procedure:*

*Completed yellow forms, current medications and dosages, Inhalers, Advance Directives, if available. If you have any questions, please call **315-234-6677***