



FLEX SIG PREP INSTRUCTIONS

Professional services provided by the physicians at
Syracuse Gastroenterological Associates, PC and Community Memorial Hospital.

Please report to: Community Memorial, 150 Broad Street, Hamilton, NY

Date _____

Arrival time _____ Procedure time _____

Any questions or concerns please call 315-234-6677

ONE WEEK PRIOR

- Stop any iron you are taking, this includes multivitamins with iron 7 days prior
 - If you take a blood thinner (such as Aspirin, Coumadin, Plavix, etc..), please be sure the office is aware.
 - If you have a pacemaker or defibrillator, please be sure the office is aware.
 - If you are a diabetic patient please call the doctor that manages your diabetes and let them know you will be prepping for a colonoscopy. They will advise you on instructions for adjusting your medications during your prep.
 - You can take all necessary medications with a sip of water, at least 2 hours before your arrival time.
- Do not take** diuretics (water pills), such as Lasix, hydrochlorothiazide, or any medication ending in HCT.
- Call to speak with a nurse if you develop a fever, upper respiratory illness or pneumonia.
 - Make sure you have someone to drive you home. You will not be able to drive or return to work the day of your procedure.
 - **To insure it is available, go to your local pharmacy at least 5 days prior to your appointment purchase 2 Fleet Enemas.**

Please bring with you:

- * Current medication list
- * Photo ID
- * Insurance cards
- * questionnaire

PREP INSTRUCTIONS:

- The night prior to your exam, **DO NOT EAT OR DRINK** anything after midnight.
- If you are scheduled for an afternoon exam, you may have only clear liquids (see list) **up until 4 hours prior** to your arrival time.
- **THE DAY OF YOUR EXAM:** You will need to use two (2) Fleet Enemas in order to cleanse your lower intestine. Follow the instructions on the box.
 - ⇒ **TWO (2) HOURS BEFORE YOUR ARRIVAL TIME: USE THE FIRST ENEMA.**
 - ⇒ **30 MINUTES BEFORE YOU LEAVE FOR YOUR APPOINTMENT: USE THE SECOND ENEMA.**

Clear liquids are liquids you can see light through such as: water, ginger-ale clear fruit juices: like apple, white cranberry, white grape juice, beef or chicken bouillon, soda, tea (no milk), Gatorade, Kool-Aid, popsicles, and, Jell-O (no red colors or dyes)

- **Do not** drink coffee.
- **Do not** drink anything that has RED DYE (no red dyes)
- **Do not** eat solid foods
- **Do not** add fruit to Jell-O
- **Do not** drink milk or milk products or artificial creamer
- **Do not** drink any beer or alcoholic beverages
- **Do not** chew gum the day of your procedure

OFFICE USE:

Diabetic	Y	N
MRSA	Y	N
VRE	Y	N
ESBL	Y	N
Active C-Diff	Y	N
Pacer/Defib	Y	N
Blood Thinners	Y	N
Clotting disorder	Y	N
Translator needed	Y	N
On Oxygen	Y	N

How much / liters ?



BEFORE YOUR PROCEDURE

There are a few things that we ask all patients to do prior to coming in for their endoscopic procedure:

- Please follow all instructions given to you by your physician about eating, drinking and medications before your procedure. **FOLLOW OUR INSTRUCTIONS.**
- If you are taking any medications, or if you are allergic to any medications, please bring a list of them with you when you come for your procedure.
- If you take any blood thinners and have not been instructed regarding usage prior to your procedure, please contact our office as soon as possible.
- Notify your physician if there have been any changes in your physical condition since your appointment was scheduled or since you last saw your physician.
- Please fill out the questionnaire and bring it with you, as well as a picture ID and your insurance cards.
- Check your benefits and eligibility with your insurance company(s), see the billing information packet you were given.
- Please do not arrive prior to 6:45 am
- Due to limited space please only have one person accompany you.
- Arrive 1 hour prior to your procedure time.

YOUR PROCEDURE

- The anticipated total time for your stay, from registration to departure is approximately 2-3 hours.
- After the procedure, your recovery time will be around 30 minutes.
- There may be an unforeseen delay prior to your procedure.
- Upon arrival, after registering, a nurse will review your medical history and the procedure with you. You will then be brought to a stretcher, where you will undress and obtain an IV line.
- At any time during the process, please do not hesitate to ask any questions regarding your concerns. It is important to us that you know exactly what is involved and that you feel comfortable.

AFTER YOUR PROCEDURE

After the procedure the physician will talk to you about your procedure. If there is not anyone with you, you may not remember the conversation. Please do not hesitate to ask your nurse to speak with your physician again or you may call the office at 234-6677.

If your physician took biopsies during the procedure, the results will be available within 2 weeks. If you do not receive a letter regarding your results after this time please call the office at 234-6677.

You will not be allowed to drive home due to the anesthesia. You must have a licensed driver to drive you home and all patients must be discharged in the company of a responsible adult.

⇒ A responsible adult is a person who is physically and mentally able to make decisions for the patient is necessary. Moreover, the responsible person must understand the requirements for post-anesthetic care. (A taxi driver is not considered a responsible person for a patient who just received anesthesia/sedation).

If you are having an afternoon procedure your ride must stay and wait for you.

Information for patients with special needs

Community Memorial Hospital provides a variety of services to accommodate patients who have special needs. Please let us know if you are in need of assistance.

Hearing impaired or translator:

If you require a sign language interpreter or a foreign language translator, please let us know in advance.

Please note: Family members can not be your translator for your visit at the Endoscopy Suite.



Community
Memorial

INSURANCE / BILLING GUIDE

Flexible Sigmoidoscopy

CPT 45330
diagnosis code:

Every health plan is different. While we make every effort to obtain referrals from primary care physicians and authorizations for outpatient procedures, it is also important for you to be familiar with your health care coverage. We cannot be held responsible for unpaid services due to lack of referral or prior authorization.

We strongly encourage you to check your coverage by calling your insurance company directly before any procedure is performed to verify if and how your appointment will be covered. ALL NON-COVERED SERVICES WILL BE THE PATIENT'S RESPONSIBILITY.

1. Call the customer service representative for your insurance company. The telephone number should be listed on the back of your insurance card or in your benefits manual.
2. Tell the customer service representative that you are calling to check on your coverage for your flex sig which will be done at Community Memorial Hospital. All of our services are done on an outpatient basis. Please understand that your benefits vary depending on your scenario.
3. You will receive a bill from Community Memorial Hospital. Their tax ID is 150548010.
4. You will receive a bill from Syracuse Gastroenterological Associates for the professional fee under their tax ID number 160989507.
5. You will receive a separate bill for anesthesia from CNY Anesthesia Group. **Some insurance companies have been changing their policies regarding Monitored Anesthesia Care (MAC). Please verify with your insurance that MAC is a covered benefit for you. **You DO NOT need to call on Medicare or AARP insurances.**

<p align="center">Monitored Anesthesia Care (MAC) is provided and billed by CNY Anesthesia Group.</p> <p>Please let our office know if MAC is not a covered benefit and we can arrange to use something else for your procedure.</p>	<p align="center">CPT codes for MAC:</p> <p align="center">00810 - during colonoscopy 00740 - during upper endoscopy 00810 - during a double procedure (Colon and Pan)</p>
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6. You will receive a separate bill from pathology if a biopsy is done. Centrex is the company that bills for pathology and their tax id is 160965561.
7. Your insurance company may require an authorization for your procedure. Upon contacting your insurance company if you learn that an authorization is required, please ask the representative to check that one has been obtained; if not please contact our office immediately so that we can call your insurance.
8. Be sure to ask your insurance company about "out-of-pocket" expenses, including copays, coinsurance, or any deductible (if not yet met). This will ensure you are fully informed of the possible costs you will incur prior to your procedure.
9. If you have any questions regarding procedure codes, the charge amounts of the procedure listed above, or diagnosis codes, please contact our billing office at (315) 234-6677



Community
Memorial

Please report to:

**COMMUNITY MEMORIAL
150 BROAD STREET
HAMILTON, NY 13346**

From Route 20 Eastbound:

Make a slight RIGHT onto NY-46, 3 miles east of Morrisville
NY-46 becomes NY-12B
Follow 12B through Hamilton
Community Memorial Hospital is on the right side of the road

From Route 20 Westbound:

US-20 becomes US-20 W/NY-12B S/NY-26 S
Turn LEFT onto NY-26 just west of Madison.
Turn LEFT onto NY-46
NY-46 becomes NY-12B
Follow 12B through Hamilton
Community Memorial Hospital is on the right side of the road



Regardless of what your health insurance plan covers, Syracuse Gastroenterological Associates, PC, supports the American Cancer Society, AGA, ACG, and CDC Colon Cancer guidelines which recommend a screening colonoscopy for all patients 50 years or older regardless of symptoms. Please speak with your healthcare provider with any questions.

SYRACUSE GASTROENTEROLOGICAL ASSOCIATES, P.C.

NO SHOW / CANCELLATION POLICY FOR ENDOSCOPY PROCEDURES

Once you have a date and a time for your endoscopic procedure, a spot has been secured in our surgical facility in your name for your procedure.

Patients who cancel or reschedule without

3 business days prior notice

or who fail to show up for their scheduled appointment may be charged a \$150.00 fee.

We understand that circumstances beyond your control may arise, causing you to miss your appointment. Exceptions will be made in the event of inclement weather or real emergencies.

Please be considerate of other patients by calling our office as soon as possible if you can not keep your appointment.

Visit our website!
www.syracusegastro.com



Family Health Center

**3045 John Trush Jr Blvd
(Off of Route 20)**

We are expanding!
**We are now seeing patients
for office visits in**

Cazenovia, NY

(Effective February 2015)