



SYRACUSE ENDOSCOPY ASSOCIATES, LLC

739 IRVING AVE, SUITE 420, SYRACUSE, NY 13210

WWW.SYRACUSEGASTRO.COM

(315) 234-6677

INSTRUCTIONS FOR PANENDOSCOPY

(IMPORTANT: Make sure to read the back of this paper as well.)

1. **Eight (8) hours prior to your arrival time:** NO solid foods. NO milk or milk products. NO red or purple dyes. NO coffee. NO alcoholic beverages or beer. You can continue the clear liquids for four (4) more hours.
2. **Four (4) hours before your arrival time:** Stop all clear liquids. No gum chewing, no hard candy, and no chewing tobacco.
3. Take your medications with a sip of water, at least two hours before your arrival time.
4. Bring with you: current medication list, photo ID, insurance cards, and the questionnaires.

Clear liquids are allowed up to 4 hours before your arrival time:

Water
 Clear fruit juices (apple, white grape, white cranberry)
 Bouillon
 Jell-O (no red or purple)
 Ginger ale
 Gatorade (no red or purple)
 Kool-Aid (no red or purple)
 Seven-Up
 Popsicles (no red or purple)
 Tea (**no** milk)

Appt. Date: _____

Arrival Time: _____ Procedure time _____

Please report to:

Syracuse Endoscopy Associates,
 739 Irving Ave, Suite 420
 CNY Medical Center
 Syracuse, NY 13210



One week prior to your appointment, you will receive a phone call from the endoscopy suite. YOU MUST SPEAK WITH THEM or your procedure may be cancelled. Jennifer's number is 234-6679

| OFFICE USE: | | |
|--|---|---|
| Diabetic | Y | N |
| MRSA - who diagnosed/ when? | Y | N |
| VRE, ESBL | Y | N |
| Active C-diff | Y | N |
| Pacer/Defib - copy pacer card, who is cardiologist | Y | N |
| Blood Thinners - name and who is prescribing doctor | Y | N |
| Clotting Disorder? Task coags | Y | N |
| Translator needed? | Y | N |
| Oxygen? How many liters? | Y | N |
| Malig. Hyperthermia | Y | N |
| On Dialysis (must be RCC) | Y | N |
| Had COVID in last 2 months | Y | N |

IMPORTANT INFORMATION ON BACK SIDE



INSTRUCTION FOR PANENDOSCOPY CONT...

General Instructions:

- If you are Diabetic, please contact the physician that manages your diabetes. They will give you instructions for adjusting your medications for the prep. Let your physician know you will not be eating/drinking anything after midnight.
- GLP-1 medications: Trulicity (Dulaglutide), Bydureon BCise (Exenatide), Ozempic (Semaglutide), Wegovy (Semaglutide), Byetta (Exenatide), Saxenda (Liraglutide), Victoza (Liraglutide), Adlyxin (Lixisenatide), and Rybelsus (Semaglutide).
 - ⇒ If you are taking a GLP-1 medication on a daily basis you will need to skip your dose the day of the procedure.
 - ⇒ If you are taking a GLP-1 medication on a weekly basis you will need to skip your dose the week before your procedure.
- Take all medications for your heart or blood pressure the morning of the test, with a sip of water. Do **NOT** take any diuretics (water pills). Examples: Furosemide (Lasix), Hydrochlorothiazide (HCTZ), Diuril, Aldactone.....
- If you take blood thinners (Aspirin, Coumadin, Plavix, etc.), please be sure we are aware of this. We will contact your prescribing doctor for specific instructions.
- Do not take Phentermine 7 days prior. (weight loss pills such as Adipex-P, Lomaira, Qsymia, etc.)
- **Two (2) days** before do not take any Viagra (Sildenafil), Cialis (Tadalafil), or any erectile dysfunction medications.
- **Two (2) days** before your procedure, no recreational drugs (marijuana, etc...)
- If you have had **COVID** in the 2 months prior to your procedure please let the office know before your appt.
- **You will not be allowed to drive after your procedure OR for the rest of the day.** Please arrange for a responsible adult to drive you home. If it is necessary for you to use a Taxi or Uber, you still **MUST** have a responsible adult, like a family member or friend, accompany you on the drive home.